

# BASKETBALL

Beginner/Intermediate

Our co-ed camp is a fun-filled, action packed experience for young basketball players. They will learn the fundamentals of the game such as passing, dribbling, & shooting. CAL coaches will instruct the athlete's to improve overall skill level as well as help boost their confidence on & off the court. Athletes will be placed in small groups based on skill level so they can be challenged by their peers and receive the attention they deserve from each coach.

Full Day/Full Week 9:00 - 3:00 pm: \$230.00

Full Day/3 Day 9:00 - 3:00 pm: \$175.00

Half Day/Full Week 9:00 - 12:00 pm: \$165.00

June 21-25 CAL: Harleysville

June 28-July 2 CAL: Harleysville

July 5-9 CAL: Harleysville

July 12-16 CAL: Harleysville (Girls Only)

July 12-16 CAL: Harleysville (Boys Only)

July 19-23 CAL: Harleysville

July 26-30 CAL: Harleysville

Aug 2-6 CAL: Harleysville

Aug 9-13 CAL: Harleysville (Girls Only)

Aug 9-13 CAL: Harleysville (Boys Only)

Aug 16-20 CAL: Harleysville

Aug 23-27 CAL: Harleysville

# SOCCER

Beginner/Intermediate

Learn the fundamental soccer skills in a fun, non-competitive environment! The program will gradually progress from dribbling to game type scenarios throughout the week.

Half Day/Full Week 9:00 - 12:00 pm: \$165.00

June 21-25 CAL: Harleysville

Aug 2-6 CAL: Harleysville

# COACH COREY'S NEXT LEVEL BASKETBALL

Camp: Grades 4-8

Whether you're brand new to the game of basketball or you're an experienced player, Coach Corey's Next Level Basketball Camp gives you an opportunity to improve your skills while having fun and making friends in a positive and encouraging environment. Coach Corey will work with the athletes to improve their shooting, defense, ball-handling and basketball IQ while also developing leadership skills, confidence and a strong work ethic.

Full Day 9:00 am - 3:00 pm: \$250.00

June 21-25 CAL: Harleysville

July 12-16 CAL: Harleysville

July 26-30 CAL: Harleysville

Aug 16-20 CAL: Harleysville

# LACROSSE

Beginner/Intermediate

Learn the basic skills to the game: catching, throwing, picking up ground balls & how to properly use a stick. Plus proper defense, the importance of leadership & being a good sport.

Half Day/Full Week 9:00 - 12:00 pm: \$165.00

June 28-July 2 CAL: Harleysville

Aug 16-20 CAL: Harleysville

# SOFTBALL

Beginner/Intermediate

Learn fundamental softball skills in a fun, non-competitive environment. Players will strengthen their skills including hitting, fielding, throwing and pitching.

Half Day/Full Week 9:00 - 12:00 pm: \$165.00

July 26-30 CAL: Harleysville

Aug 9-13 CAL: Harleysville

# ELITE SUMMER BASKETBALL OR VOLLEYBALL TRAINING

Minimum Age 14

This co-ed workout is for athletes who are committed and determined to improve their fitness level! Athletes must understand that this is an intense program where results are achieved. Individuals must be committed & willing to work hard under pressure. We encourage serious athletes to train in both performance training and their chosen sport to maximize results. By partnering performance training with sports training, players will go from average athletes to elite athletes. Perfect for prospective college athletes too!

7:00 - 8:30 am Monday - Friday: \$120.00

June 21-25 CAL: Harleysville

June 28-July 2 CAL: Harleysville

July 5-9 CAL: Harleysville

July 12-16 CAL: Harleysville

July 19-23 CAL: Harleysville

July 26-30 CAL: Harleysville

Aug 2-6 CAL: Harleysville

Aug 9-13 CAL: Harleysville

Aug 16-20 CAL: Harleysville

Aug 23-27 CAL: Harleysville

# VOLLEYBALL

Beginner/Intermediate

Come and learn the fundamentals of volleyball – passing, setting, hitting and serving! As the days progress, coaches will incorporate these skills through serve receive, offensive and defensive drills and gameplay to pinpoint their importance in the game of volleyball. By the end of the session, players will have a basic knowledge of how to pass, set, hit and serve. Players will also obtain a foundation on the rules of the game and positions on the court.

Full Day/Full Week 9:00 - 3:00 pm: \$230.00

Full Day/3 Day 9:00 - 3:00 pm: \$175.00

Half Day/Full Week 9:00 - 12:00 pm: \$165.00

June 21-25 CAL: Harleysville

June 28-July 2 CAL: Harleysville

July 5-9 Dock Mennonite EC-8\*

July 19-23 CAL: Harleysville

July 26-30 CAL: Harleysville

Aug 2-6 CAL: Harleysville

Aug 16-20 CAL: Harleysville

Aug 23-27 CAL: Harleysville



REGISTER HERE



# MULTI SPORT

This co-ed camp is for athletes who are active and would like to try a variety of sports. Multi-Sports includes dodgeball, baseball, flag football, soccer, and basketball. Additional sports may be added based on our participants' selections. Our fun and energetic program will help players learn about each sport. Ages 8-12

Half Day/Full Week Noon - 3:00 pm: \$165.00

June 21-25 CAL: Harleysville

June 28-July 2 CAL: Harleysville

July 5-9 Dock Mennonite EC-8\*

July 19-23 CAL: Harleysville

July 26-30 CAL: Harleysville

Aug 2-6 CAL: Harleysville

Aug 16-20 CAL: Harleysville

Aug 23-27 CAL: Harleysville



# COME HAVE FUN!

CAL Sports camps at Dock Mennonite Academy are listed on the back page